

## **Employees must wash their hands and portions** of their arms exposed directly to food

## **Hand Washing Steps:**



1) Wet hands with warm water



2) Lather hands with soap for at least 10-20 seconds



3) Scrub backs of hands, wrists, between fingers and under fingernails



4) Rinse hands with warm water



5) Dry hands with single use paper towels or by use of a forced air hand drying device



6) Turn off faucet with paper towel

## Remember to wash your hands...

Before: Starting work

After: Using the restroom

Switching between raw

and ready to eat food

Eating or drinking

Taking out the garbage

Handling animals

Sneezing or coughing

**Smoking** 

Touching body, face or hair

Mopping the floor

Handling soiled equipment

or utensils

Any other activities that contaminate the hands